



May

2021

In Season Cherries

Cherries are known to contain certain chemicals that are very effective in relieving pain better than medicines like aspirin and ibuprofen.

Cherries are best paired with things like chives, dairy products, and meats.



Monday

Mac & Cheese with Buffalo Chicken
Broccoli Roll **3**

Cheese Quesadilla **10**
Baked Beans
Fresh Veggies & dip

Italian Beef Calzone **17**
Steamed Broccoli
WG Cookie

Bosco Cheese sticks **24**
w/dipping sauce
Garden Salad
WG Cookie

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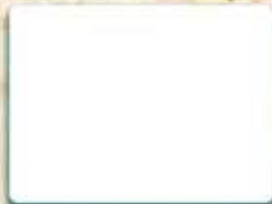
Tuesday

Cheeseburger Sweet Potato FF
Fresh vegetables **4**

Rotini with meat sauce **11**
Garden Salad Roll
Fresh vegetables

Baked Chicken drumstick **18**
Roll
Baked smiles

Italian Meatball Sub **25**
Baked Beans
Fresh Vegetables



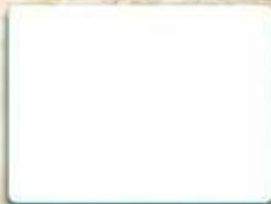
Wednesday

Breaded Chicken Sandwich
Steamed Green Beans **5**

Chicken and Dutch waffle **12**
Sweet potato puffs
Baked apples

Fiestada Pizza **19**
Garden Salad
Fresh veggies
WG Cookie

Popcorn chicken **26**
mashed potato bowl
Steamed corn gravy & roll



Thursday

Tony's French Bread Pizza
Steamed Corn
Fresh veggie & hummus or ranch dip **6**

Turkey Ham & Cheese Sub **13**
Coleslaw
Fresh veggies & dip

Tyson Chicken nuggets **20**
Roll
Steamed Green beans
Fresh veggies

Stuffed Crust Pepperoni Pizza **27**
Steamed Green beans
Salad



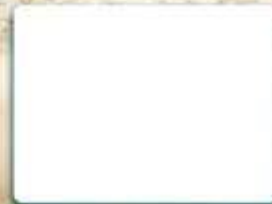
Friday

Turkey Corn Dog
Baked Beans
Fresh Veggies
Hummus or ranch dip **7**

Chicken Caesar wrap **14**
Coleslaw or salad
Fresh veggies

BBQ chicken sandwich **21**
Baked beans
Coleslaw
WG Cookie

Walking Beef Taco **28**
Mexican rice
Black beans



Announcements

HS / MS Lunch

Daily Options:

- Chef Salad
- Hummus Platter
- Yogurt Parfait
- Grilled Cheese
- PB & J

Iced Coffee available for HS students

Meal Prices